

# All About BOOKS



September 2<sup>nd</sup>, 2025

What's happening, ladies and gentlemen, well, let's just say I've a different perspective this time around for the blog – stepped into my past for a week and good heavens, has it been absolutely eye-opening and exhilarating in so many ways. Been visiting with family and friends and the youngest grandchild has embarked on her 1st job after her 2025 college graduation as a 2nd grade teacher in Chesterfield to the oldest grandchild moving out of Richmond to a 1700's house with cows not too far off so enjoying the sounds of a country life. And on to the youngest great grandchild whose nine months and the seventh 'great' and in November 2025 number eight will be born and bless my soul, they are all GIRLS! Yahoo! Now that is some serious WOMAN power for our future!!

So what does this have to do with books, WELL, I fell over a book from August 2018 when a fifteen year-old Swedish GIRL, Greta Thunberg, who awakened some of us to how dire our climate was affecting us and what the future may look like. The book "No One Is Too Small To Make A Difference" which is a book of her speeches. Still profound for me...especially since we're almost eight years to the day from when the book was published, which, of course, was a New York Times Bestseller. Some of you may remember a saying – "Out of the mouth of babes and nursing infants...(Psalm 8:2). Similar to what I shared last time when I wrote about Ira Flatlow and Bill McGibbens giving you a recent update. Hopefully, you took the 17 minutes to listen to them discuss the info they wanted to share. And, of course, Bill McGibben's decided to give you more info from his newest book "Here Comes the Sun" which should be at home when I get there.

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Yes, we are in a crucial time which has forced me to go back to Carol S. Dweck, Ph.D “Mindset” – The New Psychology of Success (2016) and lo and behold, I found a Workbook for Mindset (2024) – which I ordered. I need a refresher and maybe, you do as well. Though Pages 46 and 47 are real eye openers to ponder, and ask you again - where is your mindset - in a fixed or growth mindset? It reviews the movie, “Groundhog Day” on Page 46 and why when we are in a fixed mindset we continue the SAME OLD, though when we move to the growth mindset AND we CAN move, and yes, it does take effort though what doesn’t if we want to grow as humans – EVERY DAY, MOMENT gives you this opportunity. OK, for some, I’m preaching to the choir, so I’ll let this go, for a minute...

Moving on...you can check out Penquin Random House Books here <https://www.penguinrandomhouse.com/books/> and then something newer if you’d like, why not try - the #1 New York Times bestselling authors and award-winning podcasters Glennon Doyle, Abby Wambach, and Amanda Doyle created We Can Do Hard Things – the guidebook for being alive – to help fellow travelers find their way through life.

Ok, okay, I get it – while we need to learn this “WE CAN DO HARD THINGS, we also can courageous things and “get into good trouble,” so let’s get cracking, we NEED to move now. Let’s all MOVE today, make a change, do something different!!! Like maybe – “Come! Write a Poem With Me” - the Beginner’s Poetry Class starting September 15 – can you believe it, we’ve only got two slots left?? You have until 9/8 to sign up!!

Until we blog again, ladies and gentlemen, we look forward to seeing all you lovely humans...

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